
**ARE YOU READY
TO DISCOVER
TRUE HAPPINESS**



Profile

Lien is a Success Coach with a focus on transforming individuals helping them unleash their hidden potential by breaking their limitations holding their potential back. He is a very active speaker and engages in inspiring people via topics such as Self-Discovery, Finding Purpose & Passion for Life, Happiness & Fulfilment and corporate topics such as breaking limitations and driving results by discovering one's true potential.

Having experience in a wide variety of techniques, Lien possesses an exceptional talent to help his clients shift their mindset, and renew their belief system to live with a purpose and passion breaking away anything that is holding back achieving results in life.

Lien gave up a successful corporate career and entered an Entrepreneurial way of life to find more time to do what he is truly passionate about, such as inspiring people: Today, this radical shift has made him follow a fulfilling journey of self-discovery, and inspired him to dedicate time in creating a difference in the world, by sharing his knowledge and inspiring as many people. Lien also serves as a life coach on Expert Republic, an international mobile app platform, and has served as a Suicide Prevention Counsellor for a Not-for-Profit organization. Lien is a professional marketer with an MSc in Strategic Marketing with over 17 years of corporate experience. Lien has been a Branding Specialist working with many clients & has been instrumental in many brand transformations.

Lien takes great pride and passion in inspiring business leaders to optimize and unleash their true potential through mentoring and coaching, along with mindfulness practice and other related techniques.

Lien is a Tony Robbins Graduate, a UPW Fire-Walker and a ICF Certified Life Transformation Coach coached under the world renown Arfeen Khan who is India's number one Transformation coach, TED Speaker & a go-to person for high profile individuals and celebrities for life transformation.



Lien Keethisinghe
Peak Performance Strategist
Success Coach

Coached under the best

For **25+ years**, Arfeen Khan has helped over **600,000+ people** in over **49+ countries** create personal & professional transformation. It is Arfeen's mission to provide tools and strategies that everyone needs to transcend beyond their limiting fears and beliefs, accomplish their goals, and realize their true desires.

Arfeen has worked with an extensive range of people including, CEOs, Students, Bollywood celebrities, and Industrialists. He considers all people intrinsically the same, but what sets them apart and determines their future is the reach of their thoughts and ambition.

In his dream to change the world, Arfeen coaches others to become coaches. He shares his gifts, his techniques and his experience to mould the **next generation of super coaches**.

He has produced thousands of coaches under his own University through the ICF Certification which adds value to his student coached who steps out to the real world to transform lives.



Arfeen Khan



My Belief

I believe our **purpose on this earth is to live our lives with true happiness and fulfillment** and help others. And for us to live a life of passion and happiness we require to discover our true selves, understand how to make the right decision that leads to happiness, discover your own success & happiness formulas, figure out how to make time for yourself to “**BE, DO and HAVE**” the things you love in life and achieve the outcomes that makes you fulfilled.

I have been in search of this golden formula for years and through years of extensive learning and research have **crafted the perfect formula that will help you succeed in life.**

I give my clients a fool proof method to discover their true purpose, and their own customized **decision making, happiness and success formulas** which they can apply to their life in any circumstances to guarantee success.

My coaching style helps my clients to live a happy personal & family life, take better decisions, learn to live in their best state, **guarantee success and results** in anything they do, make more time to spend doing the things they love and with the people they love and achieve their career and business results to accelerate their progress in life



Lien Kay

Secret Formula Modules

Ultimate Self Discovery

This program is specially designed for those who feel like they are lost in life or feeling like they are stuck in life with out progress.

This Ultimate Self Discovery program enables its participants to deep dive in to a self discovery journey to figure out who they are, what they are good at, what are their gifts and strengths, what am I meant to do, what is my life purpose, what makes me happy, how have my childhood affected me and how have my past trauma created barriers to happiness for me

Decision Making Formula

We are the decisions we take in life. Each and every decision we have taken in the past has changed the course of our lives. Therefore, I believe that the only reason why people struggle in life is because they are unable to take the right decisions in life.

This module will give you a fool proof method to take the right decisions true to your heart, and create a decision making formula which you can use as your secret formula in life to make the right decisions every time.

Success Formula

If you look at your history, you will realize in certain instances you have been very succesful in your actions and at certain instances you have not been succesful.

What if you can develop a secret formula that works only for you on which when you carry out tasks success would be guaranteed every single time?

Time to take control of life with success guaranteed

Happiness Formula

Purpose of this life is to live happy and fulfilled. But how many people are actually happy. While this is one of the most important things in life, no one taughted you the secret formula of happiness.

What if you could make a formula that is customized for you which guarantees happiness everytime you do something or take an action.

Make More Time Formula

No matter how wealthy and successful you become time always remains to be a limited resource.

This module enables participants to understand how they can create more time in life although it seems like you have no time.

Real success is being able to have time to do things you like with the people you love. Create the greatest achievement in life by making more time for yourself.

Champion Formula

This module is designed for someone who wants to achieve a specific goal by creating a formula that enables them to achieve it.

At the end of this program you will hacc access to a success formula and a solid action plan that will lead you to achieving your goal.

The ultimate purpose
of a human life is to
DISCOVER HAPPINESS.

What do you get?

- **Weekly 120 minute coaching + mastermind session with Q&A Time**
- Access to a **Private Facebook Group** consisting of your mastermind circle with real achievers with a positive attitude
- **Accountability** to achieve goals
- Support to overcome **day to day** life **challenges**
- Access to your **own customized Success Blueprint** on which you can drive your entire life which guarantees Success

Success Journey

Week 1 & 2

Ultimate Self Discovery

Discovering who you are
Establish your baselines
Establish your N-Codes & Limiting Beliefs
Create Empowering Codes
Find your Breakthrough

Week 3 & 4

Ultimate Self Discovery

Discover your Strengths & Gifts
Discover Life's purpose & Passion
Discover the power of Gratitude & Abundance
Defining moments
Reprogramming childhood and past trauma

Week 5 & 6

Decision Making Formula

Crafting your decision making formula

Success Formula

Crafting your Success formula

Week 7 & 8

Happiness Formula

Aligned decision making
Congruence & Self-Love
Discovering your Mastermind
Power Circles
Handling Toxic People
Handling negative circumstances
Buzz Moments

Week 9 & 10

Make More Time Formula

Wheel of Life
Gap Analysis
Establishing outcomes
Time of your life
Creating a proactive life

Week 11 & 12

Champion Formula

Creating Clarity
Creating an Action Plan for Goals
Champion Mindset
Habits & Rituals
Execution

When we were young
we had teachers in school
we had coaches for sports

But now in the real world
who is guiding you
who is teaching

A journey without guidance is like shooting in the dark.
Life is too short to be shooting in the dark

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